

SARALA BIRLA UNIVERSITY

Master of Yoga & Naturopathy

Distribution of Credits & Total Classes per week

Semester- IV

Course Code	Course Title	Course Type	Course Credits				Classes per week
			Lecture	Tutorial	Practical	Total	
THEORY							
MY-2401	Srimadbhagvadgita	Core compulsory	3	1	-	4	4
MY-2402	Yog evam vaikalpik chikitsa	Core compulsory	3	1	-	4	4
MY-2403	Yog me anusandhan evam sankhiyaki	Core elective (Any one)	3	1		4	4
MY-2404	Yog ki vayvaharikta evam shikkshan vidhiyan						
Lab / Practical							
MY-2402P	Yog evam vaikalpik chikitsa- Lab	Core compulsory	-	-	1.5	1.5	3
NON CREDIT MANDATORY COURSE							
GYP	General yoga practice	-	-	-	-	-	-
Project							
MY-2405P	Project & Dissertation	Project	-	-	4	4	8
Total credits (Semester 4)						17.5	23
Total Lecture per week				9			
Total Tutorial per week				3			
Total Lab classes per week				11			
TOTAL CLASSES PER WEEK [Semester IV]						23	