

Ref. No.: SBU/R/1092/20

Date: 20.06.2020

Notice

This is to notify all the concerned that "Yoga day" will be celebrated at SBU on 21st June 2020 and respective Departments/Faculty, SBU, Ranchi is going to organize the Session as per the following schedule on Online Virtual Platform Microsoft Teams:

| Occasion | Platform | Courses | Event | Date & Time | Committee |
|--|-----------------|-------------|---------------------------|---|--|
| Yoga Day Celebration | Microsoft Teams | All Streams | Yoga Demonstration | 21 st June 2020 (7:00 AM to 7:45 AM) | Faculty of Humanities & Yoga 1. Dr. R. M. Jha 2. Prof. K.R.R. Parashar 3. Dr. Ria Mukherjee |
| Speaker | Platform | Courses | Topic | Date & Time | Committee |
| Mrs. Smita Brahmachari Founder of i Tution, Germany | Microsoft Teams | All Streams | "Yoga for Healthy Living" | 21 st June 2020 (12:10 PM to 1:10 PM) | NSS and Department of Yoga & Naturopathy 1. Dr Sanjeev Sinha 2. Dr Sanjeev Kr. 3. Prof Megha Sinha 4. Prof K R R Parashar 5. Dr. Ria Mukherjee |

Since each session will start sharp at the time allotted, all concerned Coordinators/Faculty members and Students of concerned streams are directed to log in 15 mints early.

Prof Sanjeev Bajaj is requested to take care of the technical part of the Webinar.

Sd/-

Prof. (Dr.) V. K. Singh
Registrar

Copy to:

1. Hon'ble CEO/VC for kind information
2. Controller of Examination
3. Manager (P&A)/CAO
4. Dean (Academics)
5. All HODs / Persons Concerned
6. Guard File

By the order of Vice-Chancellor

Prof. (Dr.) V. K. Singh
Registrar

